

AMERICAN COLLEGE OF PHYSICIANS



FOSTERING EXCELLENCE IN INTERNAL MEDICINE

2009

MAINE CHAPTER
SCIENTIFIC MEETING

OCTOBER 16–17, 2009

JORDAN GRAND HOTEL AND CONFERENCE CENTER

SUNDAY RIVER RESORT, MAINE

NUTRITION IN PRACTICE AND OTHER THINGS I DIDN'T
LEARN IN MEDICAL SCHOOL BUT NEED TO KNOW

ACPSM

AMERICAN COLLEGE OF PHYSICIANS
INTERNAL MEDICINE | *Doctors for Adults*

GOVERNOR'S LETTER

Maine Chapter Meeting Highlights:

- Domestic violence screening
- Fall risk assessment
- Wound care
- Family night
Chondola Ride
- Nutrition and cardiovascular disease
- Vitamin D deficiency
- Bariatric surgery
- ADHD/Autism:
post-pediatric care
- Post-Gulf military care

This educational activity has been designated for CME credits.

Dear Colleague,

I invite you to join me and your colleagues in internal medicine at the next scientific meeting of the Maine Chapter of the American College of Physicians, being held October 16–17, 2009, at the Jordan Grand Hotel in Sunday River.

This meeting is not just for ACP members.

I particularly want to invite nonmembers to join us for this important clinical update and to learn about the benefits of membership at the same time.

In addition to earning CME credits, by attending this meeting you will:

- Gain insight into recent medical advances.
- Discuss local and national issues affecting the practice and teaching of internal medicine.
- Greet old friends, meet new friends, and develop a network of colleagues in your area.
- Take some time for yourself or with your family to relax and enjoy the sights around Sunday River.

Between scientific sessions, please visit the College table. You will find information on new ACP programs, products, and services. There's always something new at the College table—stop by and see for yourself.

To ensure your place at this invaluable meeting, complete the registration form at the back of this brochure and send it in today. The opportunities available at this meeting will help you meet not only your needs as a physician but also the needs of the patients you serve.

I look forward to seeing you in Sunday River.

Sincerely,

Richard M. Engel, MD, FACP
ACP Governor, Maine Chapter

PROGRAM SCHEDULE

Friday, October 16, 2009

- 9:00 a.m. Registration
Exhibitor setup
- 10:30 Maine Practice Network (MPN)
Teaching Session
Only those who are part of MPN or those physicians interested in finding out more about MPN should plan to attend this session.
- Noon MPN Luncheon
- 1:00 p.m. Legislative Update
Gordon Smith, Esq.
Lesley Manfield, MD
- 1:45 Domestic Violence Screening
Elizabeth T. Weiss, MD
Janey Morse
- 2:30 Break
Visit Exhibits
- 3:00 Fall Risk Assessment
Joel Botler, MD
- 3:45 Wound Care
Walter Keller, DO
- 5:00 Reception
Poster Presentation
- 6:00 Family Night
Chondola Ride and Dinner
Theme: *Take Me Out to the Ball Game*
(Wear your favorite team shirt)

Saturday, October 17, 2009

- 7:00 a.m. Resident, Faculty, GAC, and
Speakers Breakfast
Breakfast
- 8:00 Panel Discussion: Nutrition and
Cardiovascular Disease
Vitamin D Deficiency
J. Michael Gaziano, MD
TBD
- 10:00 Break
Visit Exhibits
- 10:30 Clinical Vignettes
- Noon—
6:00 p.m. Free time

- 6:00 Children's Program
Reception
- 7:00 Dinner
- 8:00 Awards and Presentations
A Twice Told Tale of a Titillating Title, or Dr. Kahn's Obscene Anatomical Museum
Richard M. Engel, MD, FACP
Richard J. Kahn, MD, MACP

Sunday, October 18, 2009

- 7:00 a.m. Breakfast
- 7:30 College Update and Town Meeting
Richard M. Engel, MD, FACP
- 8:45 Bariatric Surgery
Renée Wolff, MD
- 9:45 Break
- 10:00 ADHD/Autism: Post-Pediatric Care
Thomas Rusk, MD
- 11:00 Medical Care of Returning Combat
Veterans: Current Issues
Peter MacMullen
Lesley Manfield, MD
- Noon Adjourn



MEETING INFORMATION

Faculty

Joel Botler, MD, Intermed, Portland

J. Michael Gaziano, MD, Division of Aging, Brigham and Women's Hospital, Boston, Massachusetts

Richard J. Kahn, MD, MACP, Private Practice, Rockport

Walter Keller, DO, Mercy Wound Healing Center, Portland

Peter MacMullen, Suicide Prevention Coordinator, Veterans Administration, Togus

Lesley Mansfield, MD, Veteran's Administration, Togus

Janey Morse, Domestic Violence Program Director, Physicians for Social Responsibility

Thomas Rusk, MD, Penobscot Community Health, Bangor

Gordon Smith, Esq., Maine Medical Association, Manchester

Elizabeth T. Weiss, MD, FACP, Bangor Internal Medicine Associates, Bangor

Renée Wolff, MD, Casco Bay Surgery, Portland

If you are interested in becoming a member of the College, please contact the Customer Service Department at 800-523-1546, ext. 2600, or 215-351-2600 (M–F, 9 a.m.–5 p.m. ET).

Attendance at Chapter meetings can help all ACP members meet the qualifications for advancement to Fellowship. It is especially important for those applying under the pathway that calls for 5 years of activity as a Member.

MEETING INFORMATION

Associates' Activities

Clinical vignettes and research papers prepared by Associates will be presented at the meeting. Winners will receive travel expenses to IM10 and up to \$1000 and be eligible for entrance into the national competition held during Internal Medicine 2010 in Toronto, Canada. Contact Kathleen Fairfield, MD, for questions on the Poster Competition and Stephen Hayes, MD, for questions on Clinical Vignettes at 207-662-1340.

A breakfast with residents, GAC, and faculty will be held on Saturday, October 17, 2009, at 7:00 a.m.

Maine Chapter ACP Associates and Medical Student members who attend the scheduled activities of the ME Chapter Annual Scientific Meeting will have ½ their lodging fee reimbursed by the Chapter. Contact Warene Eldridge for additional information at 207-622-3374, ext. 227, or weldridge@mainemed.com.

Laureate Award

It is with distinct pleasure that the Maine Chapter presents this year's Laureate Award. Laureate Award winners are long-standing and loyal supporters of the College who have rendered distinguished service to their chapters and community and have upheld the high ideals and professional standards for which the College is known. The award will be presented during the Awards dinner on Saturday evening, October 17, 2009.

Chapter Excellence Award Winner

We are pleased to announce that our Chapter is the recipient of a 2008 Chapter Excellence Award. The Chapter Excellence Award recognizes those chapters that excel in reaching the standards for managing a chapter, such as communicating to members, instituting Medical Students' and Associates' activities, and advancing and recruiting members. A Chapter Excellence certificate will be awarded to the Chapter at the meeting by Ted Sussman, MD, FACP, Immediate Past Governor, ACP Maine Chapter.

Learning Objectives

At the conclusion of this activity, the participant will be able to:

- Apply updated knowledge of internal medicine to clinical practice.
- Improve clinical practice by incorporating major new developments in subspecialty medicine.

MEETING INFORMATION

Who Should Attend

- General internists
- Subspecialty internists
- Family practitioners
- Fellows in subspecialty training
- Allied health practitioners
- Residents (internists in training)
- Medical students interested in internal medicine

Hotel Accommodations

We have reserved a block of rooms at the following rates until **September 16, 2009**. When making your reservation, be sure to mention that you will be attending the **ACP Maine Chapter ACP-Group Code 84Q3JY**.

Single/Double: \$99/\$129
Jordan Grand Hotel
1 Grand Circle
Newry, ME 04261

The rooms are available on a first-come, first-served basis, so make your reservation as early as possible by **calling the hotel directly at 1-800-207-2365**.

Directions

Bethel, ME

Follow Rt. 2 East for 2.6 miles. Take a left onto Sunday River Road, marked by the large Sunday River Brewery (big building with red roof). Follow Sunday River Road to a fork with a "Sunday River Ski Resort" sign. Fork left and follow signs for the Grand Summit Hotel, base lodges, and amenities (1 mile). Fork right and follow signs for the Jordan Grand Resort Hotel (5 miles).

Portland Jetport/Portland, ME

Exit the Jetport and follow signs to I-95, the Main Turnpike. Take I-95 North to Exit 63/Gray for Route 26. Take Route 26 North to Bethel. Refer to Bethel directions above.

Bangor, ME

Take I-95 South to Exit 157/Newport for Route 2. Follow Route 2 West to Sunday River Road, marked by the large Sunday River Brewery (big building with red roof), a few miles before reaching Bethel. Follow directions above.

Area Interests

There is much for family and friends to see and do in the Sunday River area, including:

- Sunday River golfing
- Sunday River Park biking
- Outlet shopping in North Conway, New Hampshire
- Canoeing and kayaking
- Antiquing
- Fishing

Additional information on the Sunday River area is available online at www.sundayriver.com/summer.html.

INDIVIDUAL REGISTRATION FORM

**Maine Chapter of the American College of Physicians
Individual Reservation Form**

Jordan Grand Resort Hotel & Conference Center
at Sunday River Resort
1-800-207-2365

ARRIVAL: Friday, October 16, 2009 DEPARTURE: Sunday, October 18, 2009

Lodging Preference	Per Room, Per Night	Deposit Required
Standard Room (2 queen beds)	() \$99.00*; single or double occupancy	If reservation is for only one night, one night's lodging is due within five (5) days of booking the reservation. If reservation is for multiple nights, 1/2 of the total reservation is due within five (5) days of booking the reservation. Final payment is due two weeks prior to arrival, and will be automatically charged.
Studio Superior (1 queen Murphy bed & kitchenette)	() \$99.00*; single or double occupancy	
Studio Deluxe (1 queen Murphy bed, 1 sleep sofa & kitchenette)	() \$99.00*; single or double occupancy	
1 Bedroom Suite (1 queen bed, 1 sleep sofa & kitchenette)	() \$129.00*; single or double occupancy	

Please check your lodging preference and rate. Each per room, per night rate includes:
1 night of lodging of your requested occupancy at the Jordan Grand Resort Hotel and the use of all hotel amenities.
* 7% tax and 7% resort fees are additional.

Please indicate-- Arrival day/date: _____ Departure day/date: _____

Reservation and deposit must be received by **Wednesday, September 16, 2009**. Group rate and availability cannot be guaranteed beyond this date. Based on availability, the above conference rate will be offered up to 3 days before and after the contracted dates of the conference event.

When making a reservation, please refer to group code: - #84Q3JY

Last Name _____ First _____
 Company _____ Phone # _____
 Address _____
 City _____ State _____ ZIP _____
 No. of guests _____ Special Requests _____
 Card Type _____ Card # _____ Security Code _____ Exp. date _____

To participate in this event, please complete this form and mail it to Sunday River, PO Box 4500, Newry, ME 04261, or FAX this form directly to our Reservations Office at 207-824-5195. If you have questions, please call the Reservations Office at 1-800-207-2365 between 8 a.m.–5 p.m., Monday through Friday. Sunday River accepts checks, MasterCard, Visa, American Express, and Discover. Deposit is due within five days of booking reservation. The reservation will be canceled if the deposit is not received within the five-day period.

For refund of deposit, less a \$50.00 cancellation fee, notification of cancellation must be received at least 15 days prior to the scheduled arrival. The entire deposit will be forfeited if cancellations are made 14 days or less prior to scheduled arrival.

Signature _____ Date _____

Guaranteed check-in time is 6:00 p.m., although all efforts will be made to service guests who arrive early. Check-out time is 10:30 a.m. Unless indicated, the above rates are subject to a 7% Maine State Tax and a 7% Service charge.

REGISTRATION FORM

CMB

American College of Physicians
Maine Chapter Scientific Meeting
October 16–18, 2009

RM1022

This form may be photocopied.

ACP # (found on mailing label)

Name MD DO

Address

City/State/ZIP

Daytime Phone

Fax

E-Mail

- Please check here to indicate a permanent change to your preferred address for all College mailings.
 Yes, I do wish to receive information from the meeting exhibitors.

Registration Fees

Check one category that best applies. Registration fee includes continental breakfast, all scientific sessions and materials, CME documentation, attendance at reception/banquet for registrant and guest, and children's program on Friday evening.

ACP Categories

- Master Fellow Member\$225
 Associate (Resident Members).....No Fee
 Medical Student Member.....No Fee
 Affiliate Member (Allied Health Professional)\$240

Nonmember Categories

- Nonmember Physician.....\$300
 Nonmember Resident.....\$75
 Nonmember Medical Student.....No Fee
 Nonmember Allied Health Professional.....\$275

Friday evening Family Reception and dinner (there is no fee for the registered attendee, 1 adult guest and 3 children guests)

- Total number of adults attending the reception and dinner
— Total number of children attending the reception and dinner
— Number of additional adults attending the reception and dinner (\$30 each)
— Number of additional children (10 years and younger) attending the reception and dinner (\$15 each)

Banquet Saturday evening (registered attendant may bring 1 adult guest to the banquet at no charge). If you would like to bring more than 1 guest, the fee is \$50 per person.

— Total number of adults attending the banquet — Registrant — Spouse/guest
Name of guests: _____

TOTAL FEES: _____

Names and ages of children participating in the children's program on Saturday evening

Name: _____ Age: _____

Please make your check payable to **Maine Chapter-ACP** and mail to:

Attention: Warene Eldridge
Maine Chapter of ACP
30 Association Dr.
P.O. Box 190
Manchester, ME 04351-0190

Charge to: Visa MasterCard

Card # _____

Exp. Date ____/____ Security Code _____
MM YY (3- or 4-digit number found on front or back of card)

Signature _____

Questions? Please Warene at 207-622-3374, ext. 227.



- We encourage participation by all individuals. Check here if you are disabled and require assistance. Advance notification is essential in order for us to serve you better. Please notify the Maine Chapter at least 30 days before your course. We'll be glad to help.



HOW TO REGISTER

- If you need more information on the meeting, please contact Warene Eldridge at 207-622-3374, ext. 227, or weldridge@mainemedcom.
- For information on College-related issues, contact the Maine Chapter Governor, Richard M. Engel, MD, FACP, by telephone at 207-662-1340 or e-mail to engelr@mmc.org.
- To register for the meeting, complete the attached registration form and return it with your check made payable to:

Maine Chapter of ACP
30 Association Dr.
P.O. Box 190
Manchester, ME 04351-0190

- To access our online meeting information or to print another registration form for a friend or colleague, go to www.acponline.org/meetings/chapter.
- To take advantage of the reduced rate for hotel accommodations and to reserve your hotel room, call the hotel directly at the number listed above.

The Maine Chapter invites all registered attendees and up to 4 of their guests to attend the dinner on Friday evening. If more than 4 guests are attending, there will be a \$30 fee per adult and \$15 for each child under 10 years of age.

If a registered attendee would like to bring more than 1 guest to the banquet on Saturday evening, there is a fee of \$50 for each additional guest.

The Children's Program is free for children 2 years and older of registered attendees attending the reception and banquet on Saturday evening. Dinner will be provided during the children's program. If not attending the banquet, \$20 per hour for the first hour and \$15 per hour for each additional hour per child will be charged.

SM
ACP

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**2009 Maine Chapter
Scientific Meeting**

**October 16–17, 2009
Jordan Grand Hotel and
Conference Center
Sunday River Resort, Maine**

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